

31. So he (the disbeliever) neither believed (in this Qur'ân and in the Message of Muhammad صلى الله عليه وسلم) nor prayed!

فَلَا صَلَّىٰ وَلَا صَلَّىٰ ﴿٣١﴾

32. But on the contrary, he belied (this Qur'ân and the Message of Muhammad صلى الله عليه وسلم) and turned away!

وَلَكِنْ كَذَّبَ وَتَوَلَّىٰ ﴿٣٢﴾

33. Then he walked in conceit (full pride) to his family admiring himself!

ثُمَّ ذَهَبَ إِلَىٰ أَهْلِهِ يَمْتَعِي ﴿٣٣﴾

34. Woe to you [O man (disbeliever)]! And then (again) woe to you!

أَوَلَيْكَ فَأُولَىٰ ﴿٣٤﴾

35. Again, woe to you [O man (disbeliever)]! And then (again) woe to you!

ثُمَّ أُولَىٰ لَكَ فَأُولَىٰ ﴿٣٥﴾

36. Does man think that he will be left neglected (without being punished or rewarded for the obligatory duties enjoined by his Lord Allâh on him)?

أَيَحْسَبُ الْإِنْسَانُ أَنْ يُتْرَكَ سُدًى ﴿٣٦﴾

37. Was he not a *Nutfah* (mixed male and female sexual discharge) of semen emitted (poured forth)?

أَلَمْ يَكُنْ نَظْمَةً مِّنْ مَّيِّمَتَيْنِ ﴿٣٧﴾

38. Then he became an *Alaqah* (a clot); then (Allâh) shaped and fashioned (him) in due proportion.^[1]

ثُمَّ كَانَ عَلَقَةً فَخَلَقَ فَسَوَّىٰ ﴿٣٨﴾

39. And made of him two sexes, male and female.

فَجَعَلَ مِنْهُ الذَّكَرَ وَالْأُنثَىٰ ﴿٣٩﴾

40. Is not He (Allâh Who does that) Able to give life to the dead? (Yes! He is Able to do all things).

أَلَيْسَ ذَلِكَ بِقَدِيرٍ عَلِيمٍ أَن يُحْيِيَ الْمَوْتَىٰ ﴿٤٠﴾

**Sûrat Al-Insân or Ad-Dahr
(Man or Time) LXXVI**

*In the Name of Allâh
the Most Gracious, the Most Merciful.*

1. Has there not been over man a period of time, when he was not a thing worth mentioning?



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

هَلْ أَتَىٰ عَلَى الْإِنْسَانِ حِينٌ مِّنَ الدَّهْرِ لَمْ يَكُنْ شَيْئًا مَّذْكَورًا ﴿١﴾

[1] (V.75:38) See the footnote of (V.22:5).

2. Verily, We have created man from *Nutfah* (drops) of mixed semen (sexual discharge of man and woman), in order to try him: so We made him hearer and seer.

إِنَّا خَلَقْنَا الْإِنْسَانَ مِنْ نُطْفَةٍ أَمْشَاجٍ نَبْتَلِيهِ فَجَعَلْنَاهُ سَمِيعًا بَصِيرًا ﴿٢﴾

3. Verily, We showed him the way, whether he be grateful or ungrateful.

إِنَّا هَدَيْنَاهُ السَّبِيلَ إِمَّا شَاكِرًا وَإِمَّا كَفُورًا ﴿٣﴾

4. Verily, We have prepared for the disbelievers iron chains, iron collars, and a blazing Fire.

إِنَّا أَعْتَدْنَا لِلْكَافِرِينَ سَلَاسِلًا وَأَغْلَالًا وَسَعِيرًا ﴿٤﴾

5. Verily, the *Abrâr* (the pious and righteous), shall drink of a cup (of wine) mixed with (water from a spring in Paradise called) *Kâfûr*.

إِنَّ الْأَبْرَارَ يَشْرَبُونَ مِنْ كَأْسٍ كَانَ مِزَاجُهَا كَافُورًا ﴿٥﴾

6. A spring wherefrom the slaves of Allâh will drink, causing it to gush forth abundantly.

عَيْنًا يَشْرَبُ بِهَا عِبَادُ اللَّهِ يُفَجِّرُونَهَا تَفْجِيرًا ﴿٦﴾

7. They (are those who) fulfil (their) vows, and they fear a Day whose evil will be wide-spreading.

يُوفُونَ بِالنَّذْرِ وَيَخَافُونَ يَوْمًا كَانَ شَرُّهُ مُسْتَطِيرًا ﴿٧﴾

8. And they give food, inspite of their love for it (or for the love of Him), to the *Miskîn*^[1] (the poor), the orphan, and the captive

وَيُطْعَمُونَ الطَّعَامَ عَلَى حُبِّهِ مَشْكُونًا وَتَيْمَاتًا وَآسِيرًا ﴿٨﴾

9. (Saying): "We feed you seeking Allâh's Countenance only. We wish for no reward, nor thanks from you.

إِنَّمَا نَطْعَمُكُمْ لَوَجْهِهِ اللَّهُ لَا نُبِيدُكُمْ أَجْرًا وَلَا نَشْكُرُكُمْ ﴿٩﴾

10. "Verily, We fear from our Lord a Day, hard and distressful, that will make the faces look horrible (from extreme dislike to it)."

إِنَّا نَخَافُ مِنْ رَبِّنَا يَوْمًا غُيُوبًا فَظُنُّرًا ﴿١٠﴾

11. So Allâh saved them from the evil of that Day, and gave them *Nadrah* (a light of beauty) and joy.

فَوَقَّاهُمُ اللَّهُ شَرَّ ذَلِكَ الْيَوْمِ وَلَقَّاهُمْ نَضْرَةً وَسُرُورًا ﴿١١﴾

12. And their recompense shall be Paradise, and silken garments, because they were patient.

وَجَزَّاهُمُ بِمَا صَبَرُوا جَنَّةً وَحَرِيرًا ﴿١٢﴾

[1] (V.76:8) See the footnote of (V.2:83).

13. Reclining therein on raised thrones, they will see there neither the excessive heat of the sun, nor the excessive bitter cold, (as in Paradise there is no sun and no moon).

14. And the shade thereof is close upon them, and the bunches of fruit thereof will hang low within their reach.

15. And amongst them will be passed round vessels of silver and cups of crystal —

16. Crystal-clear, made of silver. They will determine the measure thereof (according to their wishes).

17. And they will be given to drink there of a cup (of wine) mixed with *Zanjabil* (ginger),

18. A spring there, called *Salsabil*.

19. And round about them will (serve) boys of everlasting youth. If you see them, you would think them scattered pearls.

20. And when you look there (in Paradise), you will see a delight (that cannot be imagined), and a great dominion.

21. Their garments will be of fine green silk, and gold embroidery. They will be adorned with bracelets of silver, and their Lord will give them a pure drink.

22. (And it will be said to them): "Verily, this is a reward for you, and your endeavour has been accepted."

23. Verily, it is We Who have sent down the Qur'ân to you (O Muhammad صلى الله عليه وسلم) by stages.

24. Therefore be patient (O Muhammad صلى الله عليه وسلم) with constancy to the Command of your Lord (Allâh, by doing your duty to Him and by conveying His Message to mankind), and obey neither a sinner nor a disbeliever among them.

مُنكبين فيها على الأرائك لا يرون فيها شمسًا
وَلَا زَمْهَرِيرًا ﴿١٣﴾

وَدَائِيَّةٌ عَلَيْهِمْ ظِلْمَاتُهَا وَذُلَّتْ فُطُوفُهَا لِدَلِيلِهَا ﴿١٤﴾

وَيُطَافُ عَلَيْهِمْ بِبِئَانَةٍ مِنْ فِضَّةٍ وَأَكْوَابٍ كَانَتْ قَوَارِيرًا ﴿١٥﴾

قَوَارِيرًا مِنْ فِضَّةٍ قَدْرُوهَا أَنْقِدِيرًا ﴿١٦﴾

وَيُسْقَوْنَ فِيهَا كَأْسًا كَانَتْ مِرْجَاهَا زَنْجَبِيلًا ﴿١٧﴾

عَيْنًا فِيهَا تُسَمَّى سَلْسَبِيلًا ﴿١٨﴾

﴿١٩﴾ وَطُوفٌ عَلَيْهِمْ وَوِلْدَانٌ مُخَلَّدُونَ إِذَا رَأَوْهُمُ حَبِيبَتُهُمْ
لَوْ لَوُوا قَمَنًا ﴿٢٠﴾

وَإِذَا رَأَيْتَ ثَمْرًا رَأَيْتَ سَعِيًّا وَمَلَكًا كَاسِيمًا ﴿٢١﴾

عَلَيْهِمْ ثِيَابٌ سُدُسٌ خُضْرٌ وَإِسْتَبْرَقٌ وَحُلُّو أَسَاوِرَ
مِنْ فِضَّةٍ وَسَقَمَهُمْ مِنْ رَبِّهِمْ سُرَابًا طَهُورًا ﴿٢٢﴾

إِنَّ هَذَا كَانَ لَكُمْ جَزَاءً وَكَانَ سَعْيَكُمْ مَشْكُورًا ﴿٢٣﴾

إِنَّا نَحْنُ نَزَّلْنَا عَلَيْكَ الْقُرْآنَ نَزِيلًا ﴿٢٤﴾

فَاصْبِرْ لِحُكْمِ رَبِّكَ وَلَا تَطِعِ مَنِ مَنَّهُمْ إِنِمْ أُوْكَفَرُوا ﴿٢٥﴾

25. And remember the Name of your Lord every morning and afternoon [i.e. offering of the Morning (*Fajr*), *Zuhr*, and *‘Asr* prayers].

26. And during night, prostrate yourself to Him (i.e. the offering of *Maghrib* and *‘Ishâ’* prayers), and glorify Him a long night through (i.e. *Tahajjud* prayer).

27. Verily, these (disbelievers) love the present life of this world, and put behind them a heavy Day (that will be hard).

28. It is We Who created them, and We have made them of strong built. And when We will, We can replace them with others like them with a complete replacement.

29. Verily, this (Verse of the Qur’ân) is an admonition, so whosoever wills, let him take a Path to his Lord (Allâh).

30. But you cannot will, unless Allâh wills. Verily, Allâh is Ever All-Knowing, All-Wise.

31. He will admit to His Mercy whom He wills and as for the *Zâlimûn* — (polytheists, wrong-doers) He has prepared a painful torment.

وَأَذْكُرِ اسْمَ رَبِّكَ بُكْرَةً وَأَصِيلًا ﴿٢٥﴾

وَمِنَ اللَّيْلِ فَاسْجُدْ لَهُ وَسَبِّحْهُ لَيْلًا طَوِيلًا ﴿٢٦﴾

إِنَّ هَذِهِ أُمَّمَاتٌ جَاهِلُونَ الْعَاجِلَةَ وَيَذُرُونَ وَرَاءَهُمْ يَوْمًا ثَقِيلًا ﴿٢٧﴾

نَحْنُ خَلَقْنَاهُمْ وَشَدَدْنَا أَسْرَهُمْ وَإِذَا شِئْنَا بَدَّلْنَا أَمْثَلَهُمْ تَبْدِيلًا ﴿٢٨﴾

إِنَّ هَذِهِ بَيِّنَاتٌ لِّمَن شَاءَ اتَّخَذَ إِلَىٰ رَبِّهِ سَبِيلًا ﴿٢٩﴾

وَمَا تَشَاءُونَ إِلَّا أَنْ يَشَاءَ اللَّهُ إِنَّ اللَّهَ كَانَ عَلِيمًا حَكِيمًا ﴿٣٠﴾

يُدْخِلُ مَن يَشَاءُ فِي رَحْمَتِهِ وَالظَّالِمِينَ أَعَدَّ لَهُمْ عَذَابًا أَلِيمًا ﴿٣١﴾

Sûrat Al-Mursalât
(Those sent forth) LXXVII

*In the Name of Allâh
the Most Gracious, the Most Merciful.*

1. By the winds (or angels or the Messengers of Allâh) sent forth one after another.

2. And by the winds that blow violently.

3. And by the winds that scatter clouds and rain.

4. And by the Verses (of the Qur’ân) that separate the right from the wrong.

5. And by the angels that bring the revelations to the Messengers,



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

وَالْمُرْسَلَاتِ عُرْفًا ﴿١﴾

فَالْعَصْفَاتِ عَصْفًا ﴿٢﴾

وَالنَّيِّرَاتِ نَشْرًا ﴿٣﴾

فَالْقُرْآنِ قُرْآنًا ﴿٤﴾

فَالْمَلَائِكَةِ ذُكْرًا ﴿٥﴾